

Musculoskeletal Risk Assessment - Workshop 1

From the HFE team, WorkSafe New Zealand - in collaboration with the New Zealand Occupational Health Nurses Association

A wide range of hazardous manual tasks occur in many New Zealand workplaces and contribute to high injury rates across industry sectors. WorkSafe has been building [resources](#) to support businesses to better manage hazardous manual task risks.

Work health and safety professionals knowledgeable about musculoskeletal health should be at the forefront of reducing the risks associated with hazardous manual tasks. Members of these specialist disciplines are invited to attend this workshop. The workshops are being held in May and June 2024 in centres throughout New Zealand, with limited registrations available. Registration is only \$65, with morning tea and lunch provided.

The workshop will introduce screening and risk assessment tools. These are part of a full suite of resources in development for New Zealand use. They come from the Health and Safety Executive, United Kingdom. Future workshops are planned for members of the health and safety generalist associations and for industry. Other workshops are planned as the New Zealand resources are developed.

Workshop 1 objectives

1. To understand when to use (and not to use) the manual handling screening tools for:
 - Lifting and lowering
 - Carrying
 - Pushing and pulling
 - Handling while seated.
2. To understand when to use (and not to use) the Manual Handling Assessment Charts (MAC) tool.
3. To apply these screening and risk assessment tools to a range of hazardous manual task scenarios.

By the end of the workshop, you will be comfortable using the manual handling screening tools and MAC. These will help you to understand musculoskeletal health risks and to decide where risk controls are needed.

Act fast to secure your place! [Register HERE](#)

North Auckland - Wednesday 22 May Albany Campus, AUT, 9.30 am – 3.00 pm	Manukau Auckland - Thursday 23 May Jetpark Hotel, 9.30 am – 3.00 pm
Wellington - Wednesday 29 May Victoria University, 9.30 am – 3.00 pm	New Plymouth - Thursday 30 May Plymouth International, 9.30 am – 3.00 pm
Christchurch - Wednesday 5 June Hornby Workingmen's Club, 10.00 am – 3.30 pm	Dunedin - Thursday 6 June Edgar Sports Centre, 10.00 am – 3.30 pm

WORKSAFE
Mahi Haumaru Aotearoa

New Zealand's primary health and safety regulator



Generously hosted by NZOHNA

In liaison with member associations:

- Human Factors and Ergonomics Society of New Zealand
- Occupational Health Physiotherapy Group of Physiotherapy New Zealand
- Vocational occupational therapists - Occupational Therapy New Zealand Whakaora Ngangahau Aotearoa
- Moving and Handling Association of New Zealand
- New Zealand Occupational Hygiene Society
- Occupational health physicians - AFOEM/ANZSOM

And with thanks to Auckland University of Technology and Victoria University for supporting venue provision, and to HASANZ and member organisations for supporting the promotion of these workshops.